

Gold Wing Road Riders Association Iowa Chapter I

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Iowa District
Region E

“Friends for FUN, Safety, and Knowledge”



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***IA-I Gold Wing Road Riders Association
Gathering – April 23, 2017
Junie’s – Elk Run Heights, IA
Seminar “Crash Scene Management” – 4:00 PM
Eat – 5:30 PM Gathering 6:00 PM***



The Good News from the Chapter I Directors

We want to sincerely thank everyone for thinking of us during my latest health scare. Two weekends in the hospital is enough for this fella! I've had enough tests, pokes, and pills to last me a long time. Thank you to everyone who sent cards, called, texted, and visited. A heartfelt thank you to those who spent their time with us in the hospital(s).



After a diagnosis of heart attack (no), blood clot (no), panic attack (no); it was decided that I have "Post Strep Syndrome." All the complications I had were from the virus. Neither one of us realized that strep throat can be so serious for adults. Lesson learned? Strep is a strong virus and/or bacteria that can cause damage to the heart, lungs, kidneys, etc. It is nothing to mess around with and can take several rounds of antibiotics. Please share the knowledge.

We want you to know how extremely PROUD we are of your Core Team members who quickly volunteered to take care of the gathering for us. Each member pulled together and helped each other have a fun, informative, and successful monthly gathering. We understand the presentations shared prior to the gathering were excellent, that the guest speaker was fantastic, and that everyone is very excited about the Charity of Choice: Home for Homeless Vets.

May will be a busy month with our Sunday lunch ride to the Country Cottage in Oelwein, Safety Weekend in Ankeny, Road Captain course in Waterloo, and the Mystery Ride to ??? We will have hotel information at the April gathering.

As you prepare for riding season, please pay attention to the road. Watch those driveways, intersections, and crossways. Never assume the other guy is going to stop. Make sure to do your scan every 12 seconds; left-forward-right, mirrors, gauges, repeat. This is what I do. I also encourage my co-rider to be watchful. She lets me know what she sees and hears. And I appreciate when she lets me know there is a car coming up along side us or that she hears a noise that's different. All of these things add up to helping keep us as safe as we can be on our Goldwing.

Until we meet again, use your knowledge to keep you safe, gather your loved ones close, and smile, smile, SMILE!

Roger and Lisa Fleming

*Join us on Sunday, May 21st and participate in the Road Captain course!
More information to follow!*

Always be aware of the weather. Storms can pop up quickly this time of year!
Be prepared to seek shelter.

Assistant Chapter Directors - Don and June Detwiler

Wow, another month already. Yeah, I get to see all of my friends again.

We had so much fun this month. We went to Waverly for the Sunday Ride Along. It will be great when we get to ride our bikes. There was one brave soul, Jon, who rode his bike. I have to say I'm more of a 80 degree weather kind of gal. There were 10 of us who went to eat. If you weren't there, you missed a really great meal. James recommended the Reuben, but as usual I had to see what everyone else was having, but ended up with a Reuben in the end. The company was really great and as usual secrets were shared and blushes were made. I window-shopped a little and the stores were awesome, but lucky for the Bank of Don, they were not open on Sunday. We really need to go back on Saturday. I missed all of you who couldn't make it and I hope to see you at the next one.



Don and I also attended the "Lead Like You Ride" seminar in Toledo. The seminar was good and I think everyone learned something from it. We ran into some old friends from Kansas who also attended. We hadn't seen them in about 3 years, and it was good to see them again. We first met them when Kansas was part of Region E but have rarely seen them since Kansas went back to Region H. We had a really great time catching up with them.

We hope to see you at Junie's on Sunday.

Loves and hugs,
Don and June

Membership Enhancement...

On April 1st Steve and I went to Toledo to take part in the "Lead Like You Ride" Leadership Program. We took away many good ideas, hints, and problem solving ideas. One thing that stuck in my mind from the program was MINDSET. We learned that mindset is "a fixed pattern of thoughts, feelings, and beliefs which dictate action; that govern the way we interpret, react or respond to any situation".

We need to develop the right mindset to succeed in anything. If you go into a situation with a negative attitude, saying to yourself, "this is a waste of time" it will be. But, if you have a mindset that is positive and open to a new adventure you will go far. Use your mindset to make positive changes. Protect your mindset from naysayers and people who want to drag you down. Look to improving yourself with a positive mindset and find ways to help others along the way. I want to leave you with a quote Steve found on Facebook that he reflects on from time to time: "A Negative Thinker sees a difficulty in every opportunity. A Positive Thinker sees an opportunity in every difficulty."

Enhancing Members,
Michele Lensing MEC

Education Corner...

The riding season is under way, hurray!!!! With the ride also comes many myths, some good and others not so good. Let's look at a few of these;

Myth 1: Bikers only wear leather because it looks cool. Irving Scott popularized his windproof Perfecto starting in the 1920s. They have since evolved to include protective back, shoulder, and elbow pads. Cowhide is considered superior for the best protection.



Myth 2: Full-face helmets restrict your visibility. The DOT requires at least 210-degree field of view, this means your peripheral vision won't be affected. A side benefit is it takes the brunt of the elements and squishy bugs.

Myth 3: Big bikes are great for beginners. A good fit for someone who is new to this adventure might be a middleweight bike in the 500 pound range. Big bikes have big power and big weight. If landing on your butt at take off is the only thing that happened with little experience and lots of attitude, you would be lucky.

Myth 4: Loud pipes save lives. Too bad the physics don't back this up. With the pipes pointed to the back, they are great to let a vehicle know that you just passed them, or maybe if a vehicle comes up behind you. But for the auto coming at you, they don't do so good, unless you turn the pipes to point forward.

Myth 5: Drivers will see you. Many riders assume that other drivers will see them, and you know what happens when you assume. At this time of year our 4 wheeled friends are not used to seeing our smaller vehicles on the road yet. Ride like you are invisible to every vehicle on the road.

Myth 6: Roads and streets are safer than interstates. According to a 2007 study by the National Highway Traffic Safety Administration, 91 percent of crashes between a motorcycle and passenger vehicles occurred on non-interstate roads.

These are just a few of the myths that we all hear as riders. Let's all do our part to help end these fairy tales, because fairy tales are for bed-time stories.

Information gathered from Huffingtonpost.com , motorcycle myths,2016/05/02.

Steve Lensing
Chapter Educator

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Recipe of the Month from the kitchen of Michele Lensing

Chocolate-Caramel Fondue

1-14 ounce can sweetened condensed milk

1-12 ounce jar caramel ice cream topping

9 ounces semi-sweet chocolate chips (I used the mini chocolate chips)

Mix the above ingredients in a slow cooker, cover and set on low heat, stir occasionally until melted together and warm. Serve immediately or keep warm on low. Assorted dippers: cubed angel food cake, pound cake, brownies, rice krispie treats, cookie dough, large marshmallows, strawberries, sliced bananas, dried fruits, pretzels, anything you can think of that would be good dunked or drizzled with this chocolate caramel sauce, try it drizzled over ice cream! YUM!



Quilt Raffle Charity – House for Homeless Veterans and other Veterans’ Assistance programs

Kevin Dill, Blackhawk County Director of Veterans’ Affairs, shared information about his office, the programs offered and most of all their newest undertaking of providing housing for homeless veterans in the area. This house will be opening later this month and will provide housing for 3 veterans. Two other similar homes exist in the Waterloo/Cedar Falls area, but the need is greater than what is available. The next possible project is providing housing for female homeless veterans in the area.

Kevin shared they can use many other donations besides money – canned food, peanut butter, macaroni & cheese, and other basic necessities are always needed. Clothes such as socks and underwear are also appreciated.

The Blackhawk County VA hosts a cookout once a week at noon in Lincoln Park for veterans. Organizations and groups sponsor and/or volunteer at these noon lunches. On May 20 a fundraiser will be held to benefit veterans with PTSD. This is a bicycle/motorcycle ride that will take place in Waterloo and Cedar Falls area. It will begin at 10 AM at the Cedar Falls Amvets. The Vietnam Veterans Traveling Wall will also be there.

It was decided that GWRRA Chapter I would provide funding for one of the noon lunch/picnics at the cost of approximately \$50. We will also be conducting a food drive to benefit the home.

Member Profile... Getting to know your Chapter IA-I Assistant Directors Don and June Detwiler

Fact #2: Children: Candi and Joni Grandchildren: 7
Fact #3: Hometown: Cedar Rapids
Fact #4: Years married: 41



Fact #14: Occupation (or occupation prior to retiring, or favorite occupation):

June: Office Manager at Recreational Powersports
Don: Senior Software Engineer at Rockwell Collins

Fact #27: How long have you been riding motorcycles? Don has been riding since 1975

Fact #29: How many years have you been riding a Goldwing? Since 1988

Fact #43: When did you join GWRRA? Don in 1991 June in 1993

Fact #51: What year is your Goldwing? 2005

Fact #52: What color is your Goldwing? Charcoal Grey

Fact #66: What is your favorite color of Goldwing? June - Orange Don - "Paid For" (*Blue*)

Fact #93: What was your first motorcycle? Kawasaki K2400

Fact #102: What is your longest trip you have taken on a Goldwing?

Over 4,000 miles to Wing Ding in Huntsville, Alabama and the Outer Banks

Fact #111: What makes your Goldwing stand out from the others?

June: Paw prints, a kitty and a quilt painted on the bike

Fact #128: What type of trip do you like to take mostly?

Don: Longer trips seeing things around the country.

June: Longer trips.... That end in Pennsylvania.... (*Amish quilt country*)

Fact #137: Do you have any hobbies or interests when you cannot be riding your Goldwing?

June: Quilting and reading Don: Volunteer with the Cedar Rapids Police Depart.,
the Isaak Walton League, and Toys for Tots

Fact #138: What is your favorite flavor of ice cream? Don: Moose Tracks

June: Vanilla (with Chocolate syrup [*MUST HAVE!*])

Fact #141: What is the best thing about belonging to GWRRA and Chapter IA-I?

Friends.... Training and Seminars.... Companionship.... THE PEOPLE!

Upcoming Events:

1. Chapter IA-D Mall Show at Willowbrook Mall in Mason City - 9 AM - 4 PM on April 22, 2017
2. Chapter IA-W "5th Year High Five Kick-off" at VFW, 412 Main St., Dakota City, IA - 1-3 PM on April 29, 2017
3. Chapter IA-F Spring Wing Warm-up at McGrath Powersports in Cedar Rapids from 9 AM - 1 PM - May 6, 2017
4. Chapter IA-I Sunday Ride - Meet at Country Cottage Cafe, 2301 South Frederick, Oelwein at 11 AM - May 14, 2017
5. Motorcycle Safety Forum at Benton Auditorium - Scheman Building @ ISU (\$15) - 8 AM - 4 PM on May 19, 2017
6. IA District Safety Weekend at DMACC in Ankeny - May 19-20, 2017
7. Niehaus Customer Appreciation Days in Litchfield, IL - May 20-21, 2017
8. Chapter IA-I events at Junie's in Elk Run Heights, Road Captain Seminar TBA Eat at 5:30 PM Gathering at 6:00 - May 21, 2017 **NOTE: This will be the THIRD Sunday in May..... Not on the usual 4th Sunday in May - (Memorial Day and Mystery Ride)**
9. Chapter IA-I Mystery Ride - May 27-28, 2017 **KSU from Oelwein KwikStar at 7:00 AM See attached flier.**
10. MO Rally "Wingin' the Ozarks" in Branson - June 1-3, 2017
11. IL District Rally "Get Your Kicks on Route 66" in Pontiac - June 22-24, 2017
12. NE/SE District Rally at the First Gold Hotel In Deadwood, SD - June 22-24, 2017
13. Chapter F "Chrome 25th" Anniversary at Palisades Kepler State Park Lodge 11 AM -2 PM (lunch provided) - June 25, 2017
14. Chapter IA-I Christmas in July Ride - July 1, 2017 *Continue to watch for details.....*
15. MN/ND District Rally in Owatonna, MN Holiday Inn - July 7-8, 2017
16. Arkansas District Rally in Eureka Springs - July 14-15, 2017
17. Chapter IA-A 35th Anniversary celebration potluck at Yellow Banks County Park, Pav # 2 - Noon - 4 PM July 15, 2017
18. Chapter IA-I Progressive Ride - August 5, 2017 *Continue to watch for details.....*
19. Ronald McDonald Pop Tab Ride to Iowa City - August 6, 2017
20. Region E Rally "American Pride - Spirit of America" at the Ramada/Wasserbahn in Williamsburg, IA- August 11-12, 2017
21. Terfehn Fish Fry in Austinville at 5:00 - August 19, 2017
22. Wing Ding 39 at the Gaylord Texan Resort in Grapevine, TX - August 29 - September 2, 2017
23. Chapter IA-I annual Western Home event in Cedar Falls from 2:00 - 4:00 PM - September 24, 2017 Followed by the monthly gathering at Junie's in Elk Run Heights - Meal at 5:30 Gathering at 6:00
24. IA District Rally "Back to Our Roots" at McGrath Powersports in Cedar Rapids (Blood Drive also!) - Sept. 29-30, 2017
25. Chapter IF Leaf Ride - October 14-15, 2017 *Continue to watch for details.....*
26. Chapter IA-I Chili Dump - October 21, 2017 *Continue to watch for details.....*
27. Chapter IA-I 35th Anniversary celebration at Our Savior Lutheran Church in Ackley - 1-4 PM on Nov. 5, 2017
28. Chapter IA-I Holiday Event at the Senior Center in LaPorte City 11:00 set-up Eat at NOON 1:00 Raffles - Dec. 9, 2017

*Please support our sponsors!
They are proud supporters of our
Couple of the Year and Individual
of the Year programs!*

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May 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 Fred Boldt	9 Roger Bahe	10	11	12 Newsletter articles due	13
14 Ch. I Sunday Dinner ride, meet @ 11AM Country Cottage Café, Oelwein; Ride to follow Jim & Michelle Clemen	15	16 Rodney & Mary Nordbrock	17 Roger Fleming	18	19 Motorcycle Safety Forum @ ISU IA District Safety Weekend	20 Joe & Tina Kruchek IA District Safety Weekend
21 Road Captain Course – TBA Ch IA-I Gathering- Junie's Elk Run Hts. Eat @ 5:30 Gathering @ 6	22	23 Lisa Fleming	24	25 Kyle Knight	26	27 Chapter I Mystery ride – KSU from Oelwein KwikStar @ 7 AM
28 Mystery ride continued Jim & Laurel Elliott	29 Tina Kruchek Norm & Carolyn Clubine	30	31			