



Gold Wing Road Riders Association Iowa Chapter I

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“Friends for FUN, Safety, and Knowledge”



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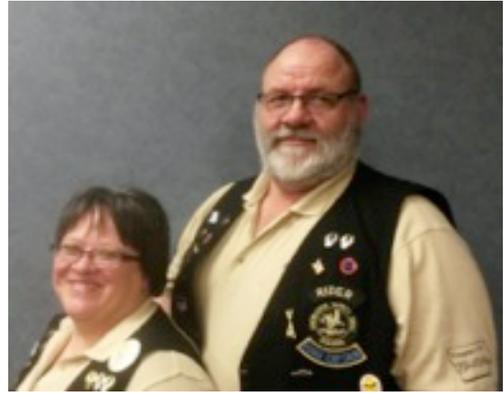
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**Gold Wing Road Riders Association
Chapter IA-I Gathering – February 24, 2019
Junie’s – Elk Run Heights, IA
Eat @ 5:30; Gathering @ 6:00**

Think warm thoughts!

The Good News from the Chapter I Directors - Roger & Lisa Fleming

The last few weeks have been full of different types of weather: rain, sleet, ice, snow, and bitter wind chills have made travel difficult for those of us who have to be out in it every day. There are only two things we want you to remember and to share with everyone you know. SLOW DOWN and use your HEADLIGHTS! As Goldwing members, we know that driving safely is what keeps us alive and well to enjoy our ride. Watching out for and communicating with other drivers keeps everyone safe on the roads. The same is true when driving any other vehicle. A good example is when we drove four hours across the state in fog. Out of the 200+ vehicles we met, 73 did not have any type of light on their vehicle. Whether coming upon or meeting oncoming traffic, without lights they were almost impossible to see. LIGHTS SAVE LIVES! Even though we were going below the recommended speed limit, we were still passed by others. With all of the recent snow, it is frustrating and almost comical as people pass by us and either glare at us or give us a finger only to find themselves going in circles and landing in the ditch a few miles ahead. SLOWING DOWN SAVES LIVES! If you choose not to use your headlights or slow down, because feel you are a better driver than others for one reason or another, then stay home. Stupidity causes accidents. SLOW DOWN and USE YOUR HEADLIGHTS!



The CORE team has not been able to meet yet so we do not have specific dates for our Chapter I members. As soon as events are planned and dates are decided upon, we will get that information to you.

Until then, be safe!
Roger and Lisa



Congratulations to this group of Chapter IA-I members who completed their CPR and First Aid certifications. A big thank you to our instructors, Helen, from the Westgate First Responders, and Paul, from the Maynard First Responders.

Steve Lensing, Chapter Ride Coordinator and Michele Lensing, MEC

Every Champion was once a Rookie

In August of 2017, I had the opportunity to visit the US Bank Stadium in Minneapolis, Minnesota, home of the Minnesota Vikings. As part of a business meeting I was attending, we got to go for a tour of things behind the scenes at the stadium. We got to see locker rooms, press boxes, and the miles of piping that are used for moving beer from a central location to all the bars in the stadium.



One of the things I saw was a sign in a hallway that read, "Every Champion was once a Rookie." I took a picture of this and have even used it as a quote a couple of times. Once I was told, "Now, that is a deep thought." That is a true statement! In sports, most kids start out playing in the back yard, playing with mom and dad, then middle school, high school, college and, if good, the pros. Here they are called a Rookie on a professional team where they can become a "Champion."

We have all seen this in our motorcycle riding world too. There are some riders that are so confident and in control, they are our Champion riders. We need to remember that they did not just jump on and go. They started out on small bikes with spills, tips, bumps and bruises while working their way to this level. Our preseason preparation starts with classes, seminars and gear replacement, with the first couple of rides as a knowledgeable rookie, so we can get to Championship condition. Never stop learning and have a safe riding season.

Steve Lensing, Ride Coordinator
Michele Lensing, MEC

Upcoming Events

1. **February 24, 2019** – Chapter IA-I Monthly Gathering – Junie’s, Elk Run Heights – Eat @ 5:30 P.M. – Gathering @ 6:00 P.M.
2. **March 2, 2019** - Officers’ Conference 10 A.M., Training 1:30 & 3:00, & Crazy Supper 5 P.M. – Come for one event or all. Only cost is \$10 for Crazy Supper - Reinig Center, Toledo–
3. **March 2, 2019** – 2019 Missouri Spring Fling, Osage Beach, Missouri
4. **April 13, 2019** – Chapter D Mall Show – Willowbrook Mall, Mason City
5. **May 4, 2019** – Chapter IA-F Spring Wing Warm-Up, Cedar Rapids
6. **May 18-19, 2019** – Safety Weekend, DMAAC Campus – Ankeny
7. **May 30-June 1, 2019** – Missouri District Rally – Branson, Missouri
8. **July 12-13, 2019** – Minnesota/North Dakota District Rally – “Wingin’ It North of Normal in Fargo” – Fargo, North Dakota
9. **August 1-3, 2019** – Illinois District Rally – “Let the Good Times Roll” – Danville, Illinois
10. **August 8-10, 2019** – Region E Reunion Ride-in, LaCrosse, Wisconsin
11. **August 27-31, 2019** – Wing Ding 41 – Nashville, Tennessee
11. **September 20-21, 2019** – Iowa District Rally, Knights of Columbus Hall, Oelwein. More details to come. Note the date change.

Recipe Corner

Creamed Chicken over Rice

2 stalks celery, chopped
2/3 cups chopped onion
1 pound boneless, skinless chicken breast
1 10 ounce can cream of mushroom soup
2 Tablespoons olive oil
4 cups prepared brown rice
1 to 2 green onion, chopped

Chop celery and onion. Set aside. Cut chicken into bite-size pieces. Pour olive oil into skillet. On medium heat, cook chicken for 7 minutes, stir, cook for 7 more minutes or until chicken is no longer pink. Add celery and onion. Stir. Pour in soup. Stir. Turn heat to low and cover and cook for 15 minutes. Meanwhile prepare rice and chop green onion. Place 1 cup rice on plate, top with creamed chicken, garnish with chopped green onion. Enjoy! Makes 4--1 cup servings.

James Fleming

(Sounds yummy on a cold winter day!)

*****Editor's Note – Please feel free to send me your favorite recipes. We know Goldwingers are great cooks and LOVE to eat.

Americans for Independent Living (AFIL) is in need of the following items:
(Feel free to bring any items to donate to the February gathering.)

Out of Stock Items:

- * microwaves
- * plastic wrap/aluminum foil
- * toasters
- * kitchen towels/was rags
- * Ziploc baggies (various sizes)

Low Stock Items

- * small bedroom lamps
- * can openers
- * dish drying racks
- * toilet brushes/cleaners
- * small trash bags

They currently do not need any clothing.

This is the organization that provides assistance for homeless veterans in our area. It was Chapter IA-I's charity for 2018.

From your Iowa District Educator – Greg Hayes

I want to congratulate Jane Cassatt of Chapter H for becoming our District's most recent Life Grand Master. In the next couple of years we will have several more members that will be eligible to become Life Grand Masters. In case you didn't know what that was I thought I would explain. In the Levels program we have 4 levels. Level 4 is also known as the Master Tour Rider. After staying current for 5 years in the Levels program as a Level 4, a member is eligible to become a Senior Master. After 10 years they can become Grand Masters. After 15 years they can become a Life Grand Master. If someone was not current at their level for a period of time then that time does not count, but if they become current again, then the clock picks up where they left off. So, it may take 6 years for someone to become a Senior Master if they had a total of 12 months where they had let their Level be non-current. The Levels program is not an indication of riding skill. It is the level of commitment a member has made to safe riding.



I don't want my articles to be typically dominated by discussing the Levels program. However, without the Chapter Educator I have become your main source of information on the Levels program. It was also the hope that our members that are Level 4s would help promote and educate people on the Levels. So, this month I wanted to summarize a few things about the Levels program. If you have questions please shoot me an email. I will have forms and patches available at the Crazy Supper/Training Day in March, at the Safety Weekend in May, and at the District Rally. But if you need something anytime, like I said, just send me an email or leave a phone message and I will get back to you.

Here are some important points about the program. If you have more basic questions, such as what are the Levels, what is significant about each level, I would first ask your Chapter Directors or a past Chapter Educator, and you can find information on the GWRRA website, or you can contact me.

1. Records are not always updated automatically, so you may need to send something to me for me to enter information in the Rider Education database. However, if you take a class at our Safety Weekend or at WingDing, your records will be automatically entered into that database. Otherwise, see items 2 and 3 below.

2. If you take a First Aid and/or a CPR class then take a photo or scan of your course completion card to send to me. I will then enter the information into the database. Even if you are taking it through your Chapter, I need to see a copy of the course completion card.

3. If you take a Rider Course that is not through GWRRA then please send me a scan of that course completion card. I will then enter that information into the database. If you are taking a GWRRA Rider Course (ARC or TRC for example) in another District, or here, that District Educator will enter your information in the database.

4. Not all First Aid or CPR courses are recognized by the Levels program. I am working to have GWRRA MFA classes available to our members but we currently have no GWRRA MFA instructors in Iowa. American Heart Association and the Red Cross do offer First Aid and CPR classes that are eligible, and we have had several members in our District that teach through the American Heart Association. There are no online CPR or First Aid classes that are eligible because a certified instructor has to observe you performing certain skills. If you have a question about if a class is eligible please contact me first and I can check on it before you end up spending money on something that does not count.

5. There is a list of Rider Courses that are offered by other organizations that are recognized by the Levels program that is on the Rider Education part of the GWRRA website. However, if you have a question about a class, feel free to contact me to verify before you take the class. The most common non-GWRRA class in this area will be the BRC2 class that is offered at some of the community colleges or through ABATE. The BRC2 class falls under the non-classroom course category explained below.
6. Rider Courses fall in two categories. There are classes that have a classroom portion and a riding portion. The other type has only the riding portion. The riding only class counts for the Levels program every other time that you take a Rider Course. Then you must take the course that offers a classroom portion the next time. Or, you can take the course that includes the classroom each time. Feel free to contact me if you have any questions on what class you need to take. GWRRA has the ARC class for 2 wheel motorcycles and the TRC for the 3 wheel motorcycles. Those both are about 8 hours long and have a classroom and a riding portion. We also have corresponding ARC-R and the TRC-R courses. The -R stands for Recertification course. Those both are about 5 hours long and are taught only on the riding range, so they can only be taken every other time. We started offering all four courses at our Safety Weekend and you can find them at WingDing.
7. All of our riding courses can be taken as 1-up or 2-up. For the co-rider to get credit as a co-rider for the Levels program, they must participate in both the classroom and riding portion of the course.
8. To advance to another Level you can send me the correct form, available on the GWRRA website, or contact me. It needs to be signed by myself (if you fill it out in front of me) or by one of your chapter officers, then it can be mailed or emailed to me. The same applies if you are eligible to become a Senior Master, Grand Master or Life Grand Master, you need to send in the proper form to me. Just let me know if you need the correct form and I will send it to you if you cannot find it on the GWRRA website.
9. You should know how to find your information on the Rider Education Database. If you haven't done that before, we have simple instructions on the District Webpage under Rider Education. Or, contact me and I can look up the information. I am very glad to do that. I can usually look up the information on my phone. Rider Education is working with Headquarters to figure out how someone at the Chapter level can be a person that can assist in helping you and hopefully this will come about soon than later. Many of you miss the Chapter Educator position. I know I do. The safety talks at the Chapter Get Togethers, the monthly article and the N6 forms will not come back to the Chapter level, but I think the need for someone to help members with Levels and other Rider Ed issues is seen as being needed.
10. When the Chapter Educator position disappeared, none of the Rider Education programs went away. We still have the Levels program, offer First Aid and CPR classes, Rider Courses, the Safe Miles program, the High Mileage program, and the Rider Ed seminars and modules, such as the Road Captain's Course, the Co-Rider Seminar, and two of us will be presenting the Team Riding Seminar in March.

That is enough information for one month. I am in the process of reading several books on motorcycling, including two that were written by David Hough. Some of you probably have heard of him. I plan on writing about what I have gleaned from these readings in the upcoming months. My interest is in finding practical information that can help myself and others avoid accidents, so I am really excited about these readings.

Until next month, have a safe winter! Spring will soon be here.

Greg Hayes

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Rick & Penny Ohrt	2 Tim Peverill Officer conf, training, Crazy Supper, Toledo
3	4	5 Sue Tasker	6	7	8	9
10 Daylight Savings Time Begins	11	12	13	14	15	16
17 Happy St. Patrick's Day!	18	19 John & Rhonda Knight	20	21	22	23
24 Ch IA-I Gathering- Junie's Elk Run Hts. Eat @ 5:30 Gathering @ 6	25 George & Vicky Green	26	27	28	29	30
31						