

Gold Wing Road Riders Association  
Iowa Chapter I

Volume 35 – Issue 2  
February 2017

Iowa District  
Region E

*“Friends for FUN, Safety, and Knowledge”*



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***IA-I Gold Wing Road Riders Association  
Gathering – January 22, 2017  
Junie’s – Elk Run Heights, IA  
NO SEMINAR  
Eat – 5:30 PM Gathering 6:00 PM***



## The Good News from the Chapter I Directors

I went out to the garage the other day and uncovered the bike. I put on my helmet, coat, and gloves and did my t-clock. I started the bike and backed slowly out of the garage. Always one to start with a full tank, I headed to the gas station and filled it up. Excited to be riding, I hit the open road for a day ride with no set destination in mind.

The sky was clear, the traffic was light, and the scenery was beautiful. Around lunch time, I rode through a little town and stopped at a cafe for a bite to eat. The waitress asked if I would like some coffee. I nodded politely. When she came back, she asked, "Are you CRAZY?" I told her people have been known to say that about me. But when she said, "It's -12 degrees out there!" I gasped and woke up. It was all a dream. Winter fever, isn't it great?



As the gloomy days of January settle in on us, just remember, each day brings us one day closer to our riding season! And, as you read through your newsletter, you will find that YOUR Chapter I Core Team has several activities planned for you for 2017. You may want to mark your calendars with the dates that are important to you. From Chapter fun to rally fun to Wing Ding fun, there are a lot of choices for YOU. Whether by 2, 3, 4, or 18 wheels, we encourage you to PARTICIPATE in the FUN!!!

There have been a few changes for the upcoming year for Chapter I. Supper rides will now be held the 2nd Sunday of each month and will either be a brunch, lunch, and/or supper ride depending on which Core Team member plans the ride. We are all excited to announce our first meal ride on February 12 and it will be hosted by Steve and Michele Lensing!

CPR/1st Aide Training will be February 18 in Westgate from 8 AM to about 5 PM. You must email Roger Bahe at [iowawingers@gmail.com](mailto:iowawingers@gmail.com) BEFORE February 1. Our instructor needs to have time to order our materials.

District OPS is February 19 in Toledo at the Reinig Center at 12 PM.

February 26 might find you at Junie's Restaurant in Elk Run Heights. We will have a seminar at 4 PM. Enjoy a meal at 5:30 and start our gathering at 6 PM. We look forward to seeing you here, there, and everywhere in 2017!

Until we meet again, use your knowledge to keep you safe, gather your loved ones close, and smile, smile, SMILE!

Roger and Lisa Fleming  
IA-I Chapter Directors



## **From Assistant Chapter Directors – Arden & Janice**

Winter is definitely here. I wanted a little cold weather so I could go ice fishing, but it didn't have to get this cold. I have caught some fish, but I hope to catch more.

We were on the road a couple of weeks ago, and it was blowing and drifting so badly that visibility was down to 100 yards at times. I could not believe the people driving without headlights on. This is so dangerous and scares the heck out of people that you meet. Always have your lights on when visibility is poor. Just remember to turn them off.

Three more long months and we will be able to ride the Goldwings again. If the winter just goes as fast as last summer did, we will be riding before you know it.

Hope to see you at the meeting on the 22<sup>nd</sup>.

Arden & Janice Terfehn

## **From the Individual of the Year – James Fleming**

At the Christmas party I brought a painted saw that had an 1800 Goldwing on it and my parents said, "There are a lot a tickets in the bag!" I thought I would tell the story behind it. So here it goes: It started when we went to Trinkets and Togs. If you don't know what Trinkets and Togs is, it's a thrift store. We were walking around the store and we saw some old saws. I picked up one of the saws and mom said, " You should buy that and paint something on it." I shrugged my shoulders and rolled my eyes at her, but then I thought I would try it and we purchased the saw.

A couple days later, I was trying to figure out what type of motorcycle I could paint on it. When I was going through pictures on the computer, I was thinking that I would do two motorcycles: one 1800 and one 1500. But as I got started, I decided that it wasn't going to work. So I just did one motorcycle. Then I found the motorcycle that I would use: a new Honda 1800 Goldwing motorcycle. I printed the picture and cut it out. I cleaned the saw with a Brillo pad, and I let the saw dry. Then I took the picture and traced the motorcycle outline. I free hand drew the rest of the motorcycle and the background. When that was done, I painted the motorcycle and the background. I cleaned the handle with fine grade sandpaper. The reason that I had to clean the saw handle is because it had paint on it. I put four coats of sealer on the saw, allowing it to dry completely between the coats. I sprayed it in my mom garage, and she thought it was "stinky." Mom and Dad couldn't believe I drew it free-hand and want to know where my talent comes from. I was surprised it was such a big hit at the Christmas party. I plan to do another one (or two) for our next Holiday gathering.



James Fleming, Chapter I 2017 Individual of the Year

## Education Corner...

Greetings, I hope that all are doing well in the New Year. It will be full of adventure and awesomeness. Just remember that you will not be given anything you can't handle.

Every year we (including me) start out with I am doing this or I am doing that, and by mid February most of us have forgotten what it was that we were even going to do. The one thing that seems to stay true for some of us is that I can do it myself. For some of us it's the pride of a job well done, for some it's nobody else is going to touch it, and for some it's because they don't or won't spend the money for someone else to do it for them. I fit into all three of these, but even I know when to call in the professionals, especially if it involves life and limb. I am kind of attached to what I have. To my case and point, this past Saturday night I was called out to a no heat situation, but before I left the house they said they got it going but still wanted me to come and check it out. When I arrived and walked in the door I thought I was having vision problems. I couldn't see across the living room because of the sooty smoke. After getting to the basement the problem was very obvious, a D.I.Y. project gone wrong. In 25 years this was the worst I had ever seen, if it could be done wrong it was. After condemning the system they had to find other heating for the night. This guy did not know his D.I.Y. limit and put himself, family and friends in danger.

With our Gold Wings we take great pride in how they look and run, they are a part of us, the rider and co-rider. Most of us enjoy doing maintenance like oil changes, wind screen changes, and I know we all love to add the safety chrome and lights. I have heard several people say nobody touches my bike but me, however, there is a point we must let the experts take over. I am not saying you shouldn't do your own major service and repair if you have the knowledge and equipment, but you need to know your D.I.Y. limits. If you feel that you don't have the confidence, please go to someone who can. Remember it's not only you out there but your family and friends.

Steve Lensing  
Chapter Educator



## Membership Enhancement...

Hopefully all of you who made New Year's resolutions are still working towards your goal. If you have met the goal or task you set for yourself, WAY TO GO!!! If you have given up on that resolution, it is not too late to turn things around. With the number one New Year's resolution being losing weight/eating healthier and February being American Heart Month (which is appropriate with everyone celebrating with the one or ones you love on February 14<sup>th</sup> Valentine's Day), I thought I would share a few heart healthy hints. Get regular checkups with your primary care provider, maintain a healthy weight and regular exercise, don't smoke, drink alcohol in moderation, and keep stress under control. These are just a few suggestions.

Some heart healthy shopping tips: Buy more herbs and spices to add flavor and nutrition which helps to cut down on fat and salt. Shop for foods that do not have a lot of added ingredients such as salt, fats or sugars. Add color to your diet with fresh fruits and vegetables. When buying frozen or canned watch for added ingredients such as salt, fats and sugars. Choose breads and cereals made from whole grains and high in fiber. Pick nonfat or low fat milk and dairy products.

We all have it in us to eat mindfully. Mindful eating is being aware, while you are eating. Helping us focus on what, how much and why you are eating to make healthy choices.

Enhancing our Members-Michele Lensing MEC

## Apple Crisp for Two

2 medium apples peeled and sliced  
2 Tbsp all-purpose flour  
4 Tbsp brown sugar  
2 Tbsp butter  
(optional)

4Tbsp quick-cooking oatmeal  
¼ tsp ground cinnamon  
1-2 Heaping Tbsp caramel topping  
Whip cream or ice cream



Place the apple slices in two small, greased ramekins. Spoon caramel topping over the apples. In a bowl, combine flour and brown sugar, cut in the butter until mixture resembles coarse crumbs. Add oats and cinnamon. Sprinkle over apples and caramel. Bake uncovered, at 350 degrees for 35-40 minutes. Serve warm with whip cream or ice cream if desired.

Submitted by Michele Lensing

## Upcoming Events:

1. Chapter IA-I meets at Junie's in Elk Run Heights on January 22.... Seminar at 4:00 PM  
5:30 Share a meal with Goldwing FRIENDS 6:00 Gathering
2. Chapter IA-F Training Day at the Village Club House (700 35th St., Marion) beginning at 9 AM - February 4, 2017
3. Chapter IA-E 29<sup>th</sup> annual Sweetheart Weekend – February 11, 2017
4. Chapter IA-I FUN Day at Steve and Michele Lensing's (151 North Jackson St., Fredericksburg) @ 1:00 - Feb. 12
5. Chapter IA-I CPR and First Aid training at the Westgate Fire Station starting at 8:00 AM - February 18, 2017
6. IA District OPS at the Reinig Center in Toledo starting at NOON - February 19, 2017
7. MO Spring Fling "Baby Boomer Bikers of the Ozarks" in Osage Beach - March 4, 2017
8. NE/SD District Casino Day at Cabin Fever - March 10-11, 2017
9. GWRRA Officer Certification Program at the Toledo Bank - March 19, 2017
10. Motorcycle Safety Forum at Benton Auditorium - Scheman Building @ ISU (\$15) 8 AM - 4 PM - May 19, 2017
11. IA District Safety Weekend at DMACC in Ankeny - May 19-20, 2017
12. Chapter IA-I Mystery Ride - May 27-28, 2017 Continue to watch for details.....
13. MO Rally "Wingin' the Ozarks" in Branson – June 1-3, 2017
14. NE/SE District Rally at the First Gold Hotel In Deadwood, SD - June 22-24, 2017
15. Chapter IA-I Christmas in July Ride - July 1, 2017 Continue to watch for details.....
16. MN/ND District Rally in Owatonna, MN Holiday Inn - July 7-8, 2017
17. Arkansas District Rally in Eureka Springs - July 14-15, 2017
18. Chapter IA-I Progressive Ride - August 5, 2017 Continue to watch for details.....
19. Region E Rally at the Ramada in Williamsburg, IA - August 11-12, 2017
20. Terfehn Fish Fry in Austinville at 5:00 - August 19, 2017
21. Wing Ding 39 at the Gaylord Texan Resort in Grapevine, TX - August 29 - September 2, 2017
22. TENTATIVE: Chapter IA-I annual Western Home event in Cedar Falls from 2:00 - 4:00 PM - September 24, 2017  
Followed by the monthly gathering at Junie's in Elk Run Heights - Meal at 5:30 Gathering at 6:00
23. IA District Rally at McGrath Powersports in Cedar Rapids (Blood Drive also!) - September 29-30, 2017
24. Chapter IF Leaf Ride - October 7-8, 2017 Continue to watch for details.....
25. Chapter IA-I Chili Dump - October 21, 2017 Continue to watch for details.....
26. Chapter IA-I 35th Anniversary! - November 5, 2017 Continue to watch for details.....

## **Member Profile.... Getting to know your Chapter IA-I Webmaster Denis and our charity quilter Sue Tasker**

Fact #2: Children: Beth (and Bob) Clemen, with  
grandchildren Natalie and Logan

Alyson

Sara (and Nathan) Heitz, with  
grandchildren Oliver and Phoebe

Fact #3: Hometown: Oelwein

Fact #4: Years married: 40

Fact #14: Occupation (or occupation prior to retiring, or  
favorite occupation):

Sue: Nursing

Denis : Carpenter, Computer program teacher, Engineer



Fact #27: How long have you been riding motorcycles? Since 1969

Fact #29: How many years have you been riding a Goldwing? 17 years

Fact #43: When did you join GWRRA? September 2001

Fact #51: What year is your Goldwing? 2000

Fact #52: What color is your Goldwing? Candy Spectra Red

Fact #66: What is your favorite color of Goldwing? Sue – Blue Denis - Red

Fact #93: What was your first motorcycle? 1967 Honda CB160

Fact #102: What is your longest trip you have taken on a Goldwing? 2,836 miles in 2004

Fact #111: What makes your Goldwing stand out from the others?

Modulating headlight and brake lights

Fact #128: What type of trip do you mostly like to take? Sue – Day trips Denis – Weeklong

Fact #137: Do you have any hobbies or interests when you cannot be riding your Goldwing?

Sue – Sewing, quilting, crafts

Denis – Woodworking, stained glass, computer repair

Fact #138: What is your favorite flavor of ice cream? Sue – Chocolate chip Denis – Strawberry

Fact #141: What is the best thing about belonging to GWRRA?

Meeting people at Wing Ding, seeing all the bikes, chapter gatherings and rides

Fact #153: What is the best thing about belonging to Chapter IA-I?

Camaraderie, caring members

## Our Trip to Wing Ding in Billings by Arden Terfehn

Wed., August 24 – Left home and made it to Chamberlain, South Dakota where we camped at Al's Oasis.

Thurs., August 25 – Left Chamberlain and headed west to the Badlands. We saw some big horn sheep and lots of prairie dogs. How anybody can make a living out here is beyond me. It would take 25 acres of grassland to feed one cow - beautiful country though. We went on to a KOA in Rapid City.

Friday, August 26 – Went into the Black Hills today. First stop was Mt. Rushmore. The fog was heavy in the higher peak, so we waited for it to lift so we could see the faces. Continued on down the Needles Highway with a stop at Sylvan Lake where I did a lot of trout fishing when I lived here in the 60s. Got back to the campground, when someone asked what we were doing here. It was a gentleman we know from Ackley. Small world! Had two rainstorms last night. The second one had both of us up and holding the walls out on the camper, because the wind was so strong!

Sat., August 27 – Went on the wildlife loop today and saw a lot of buffalo, antelope, deer and prairie dogs. One big bull buffalo was close to the road. We quickly took a picture and moved on as he didn't look like he was going to go around us!

Sun., August 28 – Took the camper down this morning and continued on to Lead and Spearfish Canyon. Went on to Sheridan, Wyoming where we set up camp for a couple of nights. It got really hot today, about 90°.

Mon., August 29 – Went for a short ride in the Big Horn Mountains. Going to be hot again, but at least there is a breeze.

Tues., August 30 – Took the camper down and headed up and over the Big Horn Mountains – over 8,000 feet up! It was nice and cool! We came down an 18 mile hill and by the time we got to the bottom the front brake was hot and not working. Thank God the back one kept working. Never been down a hill that long – lots of curves, up and down. Staying in a motel tonight – just too hot to stay in the camper.

Wed., August 31 – Made it to Billings and Wing Ding!

Thurs., Sept. 1 – Very hot, which is unusual for this time of year. Spent most of the day at the rally talking to people we know and looking to see what all the vendors have – something for everyone!

Friday, Sept. 2 – Still very hot. Sat around today and visited with people. Listened to some live music and then went to supper with fellow Chapter I members, Roger and Sue.



and then into Yellowstone but are going to wait and see what the weather is doing.



## Our Trip to WingDing in Billings (continued)

Sun., Sept 4 – It is raining, so we decided to head home rather than through the snow in the mountains. We passed the old man and his dog on our way. We had to pull over for a while as it was hailing. The only bad riding day we had in almost 2 weeks. Staying at a motel in Rapid City tonight.

Mon., Sept 5 – Weather is cool this morning. We passed the old guy and his dog again. Don't know how he got ahead of us, but he must have ridden longer yesterday than we did. Staying in Worthington, Minnesota tonight.

Tues., Sept 6 - Rode in the rain this morning, but we made it home by lunch time. Total of 2,462 miles! **Overall a great trip!**

***\*\*\*Do you have any extra vest patches you aren't using? Consider bringing them to the gathering and passing them on to someone who can use them.***

### Looking for some dates to fill out your 2017 Iowa District Challenge card?

February 4 Chapter IA-A Gathering at The Machine Shed (11151 Hickman Road ~ Urbandale, IA)

Breakfast at 8 AM Meeting at 8:30 AM

February 11 Chapter IA-O Gathering at The Machine Shed (7250 Northwest Blvd ~ Davenport, IA)

Breakfast 8 AM Meeting at 9:00 AM

February 11 Chapter IA-W Gathering at Zakeer's (425 2nd Ave S. ~ Fort Dodge, IA) Breakfast 9 AM Meeting 10 AM

February 11 Chapter IA-S Breakfast at the Family Table in Spencer (south end) - 9:30 AM

February 11 Chapter IA-E Gathering at Ogo's (3753 Main St ~ Keokuk, IA) Dinner at 5:30 PM Meeting at 6:30 PM

February 15 Chapter IA-H Gathering in the Keokuk Room at the Hotel Ottumwa (107 East 2nd St ~ Ottumwa, IA)

6 PM dinner, meeting to follow

February 18 Chapter IA-F Gathering at HyVee (3235 Oakland RD NE ~ Cedar Rapids, IA) Breakfast 8 AM Meeting @ 8:30

February 19 Chapter IA-D Gathering at Village Court Family Restaurant (687 South Taft ~ Mason City)

6 PM Meal / Meeting to follow

February 25 Chapter IA-S Supper at Taqueria El Tapatio (419 Grand Avenue ~ Spencer) ~ 6:30 PM

February 28 Chapter IA-S Gathering at Crazy Bob's Bar B Q in Hartley, IA ~ 6:30 PM

### Bill's Pizza & Smokehouse

BILL VERSLUIS, Owner



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# February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <b>Elaine Seemann</b>	2	3 <b>Clara Boldt</b>	4
5	6	7 <b>Dan &amp; Patty Bowser</b>	8	9	10	11
12 Lunch and Fun Day @ the Lensings in Fburg 1:00	13	14 <b>Valentine's Day</b>	15 Newsletter Articles due	16 <b>Penny Ohrt</b>	17	18 Ch IA-I CPR & First Aid Westgate 8AM
19 IA District OPS - Toledo Noon	20	21	22 <b>Darlene Holmes</b>	23 <b>Norman Clubine</b>	24	25
26 Seminar prior Ch IA-I Gathering- Junie's Elk Run Hts. Eat @ 5:30 Gathering @ 6	27	28				